## Job Title: Therapeutic Support Specialist

Classification: Non-exempt; Part Time/Full Time - as determined

The mission, vision, and culture of Restorative Pathways Counseling, LLC, is dedicated to giving our clients compassionate care and service. We advocate for a workplace where employees collaborate, meet, and behave in a friendly and professional manner, in addition to contributing positively to the growth of our organization. Restorative Pathways Counseling offers Individual, Couples, Family, and Group Therapy, Experiential Therapies including Play and Music, and Case Management services. We are currently working to become a Certified Experiential Organization, Joint Commission Certified, and a Certified Medicaid Facility. We also have a therapy dog in training, Louie, on site!

Job Objective: This position is responsible for providing therapeutic services to individuals, families, or groups to promote optimum mental and emotional health through goal directed supports and focused interventions.

Immediate Supervisor: Senior Case Manager/Clinical Director

## Skill Requirements:

- Passion for helping others and for the Mental Health field
- Excellent interpersonal skills; able to get along well with a diverse group of people, co-workers, and team members
- Must possess proficient knowledge of utilized programs including google suite applications
- Must be willing to learn new systems involving technology

## Education/Training Requirements:

- Bachelors of masters degree in social work, psychology, nursing, or related human services <u>OR</u>
  High school diploma with a minimum of 3 years of relevant work experience Required
- Individual must meet Qualified Behavioral Health Specialist criteria Required
  - o Education or training in mental health or substance use disorder competencies
  - o Demonstration of minimum competencies prior to or within 90 days of employment (training can be provided)
- Experience with the mental health field Preferred

Primary Responsibilities:

- Therapeutic Behavioral Services:
  - o Treatment planning includes assisting individual and family members or other collaterals with identifying strengths and needs

- o Referral and linkage to other healthcare, behavioral healthcare, and non-healthcare services to avoid more restrictive levels of treatment
- Consultation with a licensed practitioner or an eligible provider pursuant to assist with the individual's needs and service planning for individualized supports or care coordination of healthcare, behavioral healthcare, and non-healthcare services and development of a treatment plan
- o Identification of strategies or treatment options
- o Emotional and behavioral management drawn from evidence-based psychotherapeutic treatments
- Restoration of social skills increase community tenure, enhance personal relationships, establish support networks, increase community awareness, develop coping strategies, promote effective functioning in the environment including home, work, and school
- Restoration of daily functioning specific to managing their own home including managing money, medications, and using community resources and other self care requirements
- Crisis prevention and amelioration effectively responding to or avoiding identified precursors or triggers that would risk their remaining in a community setting or that results in functional impairments. Assisting individual and family or other collaterals with identifying potential crisis, developing crisis management plan, and/or seeking other supports to restore stability and function
- o Collateral contact
- Utilizes Blueprint assessment program to demonstrate objective progress with treatment
- Prepares and maintains all required treatment records and reports
- Maintains contact with families, physicians, probation officers, and other applicable parties in order to exchange necessary information during the treatment process as appropriate
- Refers patients, clients, of family members to community resources or to specialists as necessary
- Collaborates with other staff members as appropriate
- Maintains confidentiality of records relating to client treatment
- Attends supervision and case consultation meetings as scheduled and as needed
- Attends monthly 1:1 meetings with Clinical Director/Supervisor for support
- Maintains a commitment to growth and development
- Maintains any certification/licensure requirements
- Abides by all practice policies and procedures
- Maintains compliance with HIPAA and confidentiality laws
- May also complete duties assigned to Community Support Specialists

Pay Rate & Benefits

- \$16-20/Hour
- PTO
- Flexible scheduling to meet your needs

- Training in group counseling, experiential therapies, CBT and more
- Continuing Education Stipends
- Necessary software for job responsibilities Blueprint, Clickup, and Slack
- Case Consultation and Clinical Supervision free of charge
- A positive, supportive team and work environment
- Complete Scheduling, Marketing, and Billing support

What our employees have to say about Restorative Pathways Counseling:

"I love working at RPC because I know I have the ability to grow into the counselor I want to be, not someone else's idea of what I should be. I love having the support and freedom to serve the populations I am passionate about while being a part of a team pursuing their passions and seeing how it all works together."

- Clinician at Restorative Pathways Counseling (RPC)

What our clients have to say about Restorative Pathways Counseling:

"[She] has been my therapist a little over a year and a half now. Previously, I have been to several other therapists in my life but none of them even came close to making me feel challenged to be better, hopeful for my future, and in control of my life. I have struggled with depression and anxiety for several years now, but when an unforeseen tragedy occurred in my life, it began to take its toll on my everyday life. I couldn't get out of bed or keep a job, and my entire world felt like it was crashing in front of me. With the guidance of [my therapist], my life has been completely changed. I now see my worth in this world, and that my mental illness does not define me. She has taught me how to improve my communication skills, handle life's challenges in a healthy and productive way, and to be more aware of what my body and emotions are telling me and how to process them. I am now not the scared, confused, overwhelmed person I was almost two years ago. I am now confident that I can handle whatever life throws at me and come out the other side stronger emotionally and spiritually. [She] is using her gift from God to change lives and help people be the best versions of themselves."

- Client at Restorative Pathways Counseling